



45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

Detailed evaluation

Helge Fritzschner

Club: Laufftreff Breitungen

Number: 208

Course: 32.00 km

Jubiläumslauf

Category:

Senioren M55 (55-59) F

Total time: 3:32:31

Speed: 9.03 km/h

Running performance: 6:38 min/km

Rank in course/Total: 11 (of 21)

Rank in course/Men: 10 (of 14)

Best time in course: 2:44:55

Rank in category: 2(of 3)

Best time in the category: 2:51:24