



## 45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

### Detailed evaluation

**Andreas Heym**

Club: EDEKA-Team ERFURT

Number: 153

Course: 8.00 km

Traditionslauf

Category:

Senioren M45 (45-49) D

Total time: 41:15

Speed: 11.64 km/h

Running performance: 5:09 min/km

Rank in course/Total: 14 (of 45)

Rank in course/Men: 14 (of 32)

Best time in course: 31:04

Rank in category: 2(of 5)

Best time in the category: 38:46