



45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

Detailed evaluation

Heiko Gareis

Club: FSV-NEUSTADT/Orla

Number: 150

Course: 8.00 km

Traditionslauf

Category:

Senioren M50 (50-54) D

Total time: 39:33

Speed: 12.14 km/h

Running performance: 4:56 min/km

Rank in course/Total: 11 (of 45)

Rank in course/Men: 11 (of 32)

Best time in course: 31:04

Rank in category: 1(of 3)

Best time in the category: 39:33