



## 45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

### Detailed evaluation

**Steffen Köhler**

Club: Schmalkalder Volleyballverein

Number: 156

Course: 8.00 km

Traditionslauf

Category:

Senioren M50 (50-54) D

Total time: 40:46

Speed: 11.77 km/h

Running performance: 5:05 min/km

Rank in course/Total: 13 (of 45)

Rank in course/Men: 13 (of 32)

Best time in course: 31:04

Rank in category: 2(of 3)

Best time in the category: 39:33