



## 45. Mommelsteinlauf

Vereinsheim SV 1962 Hohleborn / 15.09.2024

### Detailed evaluation

**Martin Wahl**

Club: Rennsteiglaufverein

Number: 174

Course: 8.00 km

Traditionslauf

Category:

Senioren M70 (70-74) D

Total time: 47:24

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 27 (of 45)

Rank in course/Men: 24 (of 32)

Best time in course: 31:04

Rank in category: 1(of 2)

Best time in the category: 47:24