



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Rune Grenzemann

Club: Novalisschule Bad Tennstedt  
Number: 217

Course: 5.00 km  
5 km Lauf

Category:  
Schüler U14 (12-13) B

Total time: 25:13

Speed: 11.90 km/h  
Running performance: 5:02 min/km

Rank in course/Total: 8 (of 45)

Rank in course/Men: 8 (of 28)

Best time in course: 20:45

Rank in category: 1(of 3)

Best time in the category: 25:13