



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Lennard Heide

Number: 414

Course: 1.50 km  
Schülerlauf

Category:  
Schüler U10 (8-9)

Total time: 7:28

Speed: 8.04 km/h

Running performance: 4:58 min/km

Rank in course/Total: 7 (of 32)

Rank in course/Men: 4 (of 16)

Best time in course: 6:44

Rank in category: 2(of 6)

Best time in the category: 7:01