



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Emilia Knoche

Club: Willpower

Number: 420

Course: 1.50 km

Schülerlauf

Category:

Schülerinnen U10 (8-9)

Total time: 8:59

Speed: 6.68 km/h

Running performance: 5:59 min/km

Rank in course/Total: 19 (of 32)

Rank in course/Women: 10 (of 16)

Best time in course: 7:02

Rank in category: 5(of 10)

Best time in the category: 8:20