



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Emilia Knoche

Club: Willpower
Number: 420

Course: 1.50 km
Schülerlauf

Category:
Schülerinnen U10 (8-9)

Total time: 8:59

Speed: 6.68 km/h
Running performance: 5:59 min/km

Rank in course/Total: 19 (of 32)
Rank in course/Women: 10 (of 16)
Best time in course: 7:02

Rank in category: 5(of 10)
Best time in the category: 8:20