



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Liam Salomo

Number: 235

Course: 5.00 km
5 km Lauf

Category:
Schüler U16 (14-15) B

Total time: 29:20

Speed: 10.23 km/h

Running performance: 5:51 min/km

Rank in course/Total: 20 (of 45)

Rank in course/Men: 19 (of 28)

Best time in course: 20:45

Rank in category: 2(of 2)

Best time in the category: 28:21