



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Lasse Exel

Club: Novalisschule Bad Tennstedt
Number: 220

Course: 3.50 km
Spaßlauf

Category:
Schüler U14 (12-13)

Total time: 22:53

Speed: 7.87 km/h
Running performance: 6:32 min/km

Rank in course/Total: 6 (of 86)

Rank in course/Men: 6 (of 40)

Best time in course: 19:45

Rank in category: 2(of 19)

Best time in the category: 22:10