



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Ryan Lange

Club: Novalisschule Bad Tennstedt  
Number: 357

Course: 3.50 km  
Spaßlauf

Category:  
Schüler U14 (12-13)

Total time: 24:46

Speed: 7.27 km/h  
Running performance: 7:04 min/km

Rank in course/Total: 11 (of 86)

Rank in course/Men: 11 (of 40)

Best time in course: 19:45

Rank in category: 4(of 19)

Best time in the category: 22:10