



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Ben Helbing

Number: 389

Course: 3.50 km
Spaßlauf

Category:
Schüler U14 (12-13)

Total time: 26:59

Speed: 6.67 km/h

Running performance: 7:42 min/km

Rank in course/Total: 22 (of 86)

Rank in course/Men: 16 (of 40)

Best time in course: 19:45

Rank in category: 9(of 19)

Best time in the category: 22:10