



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Lewis Aime Adam

Club: Wohnheim Kompass

Number: 301

Course: 3.50 km

Spaßlauf

Category:

Schüler U16 (14-15)

Total time: 34:53

Speed: 5.16 km/h

Running performance: 9:58 min/km

Rank in course/Total: 60 (of 86)

Rank in course/Men: 31 (of 40)

Best time in course: 19:45

Rank in category: 6(of 8)

Best time in the category: 19:45