



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Nele Ponick

Number: 378

Course: 3.50 km
Spaßlauf

Category:
Schülerinnen U14 (12-13)

Total time: 28:20

Speed: 6.35 km/h

Running performance: 8:05 min/km

Rank in course/Total: 35 (of 86)

Rank in course/Women: 11 (of 46)

Best time in course: 25:51

Rank in category: 7(of 25)

Best time in the category: 25:51