



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Lara - Sophie NEHLERT

Number: 372

Course: 3.50 km
Spaßlauf

Category:
Schülerinnen U14 (12-13)

Total time: 33:50

Speed: 5.32 km/h

Running performance: 9:40 min/km

Rank in course/Total: 54 (of 86)

Rank in course/Women: 27 (of 46)

Best time in course: 25:51

Rank in category: 17(of 25)

Best time in the category: 25:51