



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

**Robert Engel**

Club: Regelschule Schlotheim  
Number: 321

Course: 3.50 km  
Spaßlauf

Category:  
Senioren M40 (40-44)

Total time: 27:01

Speed: 6.66 km/h  
Running performance: 7:43 min/km

Rank in course/Total: 23 (of 86)

Rank in course/Men: 17 (of 40)

Best time in course: 19:45

Rank in category: 1(of 3)

Best time in the category: 27:01