



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Daniel Schreiber

Club: Atemlos auf der Flucht  
Number: 390

Course: 3.50 km  
Spaßlauf

Category:  
Senioren M40 (40-44)

Total time: 29:14

Speed: 6.16 km/h  
Running performance: 8:21 min/km

Rank in course/Total: 38 (of 86)

Rank in course/Men: 25 (of 40)

Best time in course: 19:45

Rank in category: 2(of 3)

Best time in the category: 27:01