



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Robert Engel

Club: Regelschule Schlotheim
Number: 320

Course: 3.50 km
Spaßlauf

Category:
Senioren M40 (40-44)

Total time: 35:52

Speed: 5.02 km/h
Running performance: 10:14 min/km

Rank in course/Total: 62 (of 86)

Rank in course/Men: 32 (of 40)

Best time in course: 19:45

Rank in category: 3(of 3)

Best time in the category: 27:01