



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Danny Beylich

Club: DaRoTel Runner`s  
Number: 400

Course: 3.50 km  
Spaßlauf

Category:  
Senioren M45 (45-49)

Total time: 22:58

Speed: 7.84 km/h  
Running performance: 6:33 min/km

Rank in course/Total: 7 (of 86)

Rank in course/Men: 7 (of 40)

Best time in course: 19:45

Rank in category: 2(of 4)

Best time in the category: 20:46