



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Andy Schellknecht

Club: Little Valde Vita
Number: 385

Course: 3.50 km
Spaßlauf

Category:
Senioren M45 (45-49)

Total time: 34:07

Speed: 5.28 km/h
Running performance: 9:44 min/km

Rank in course/Total: 56 (of 86)

Rank in course/Men: 28 (of 40)

Best time in course: 19:45

Rank in category: 4(of 4)

Best time in the category: 20:46