



7. Novalislauf Bad Tennstedt Bad Tennstedt / 07.09.2024

Detailed evaluation

Andy Schellknecht

Club: Little Valde Vita

Number: 385

Course: 3.50 km

Spaßlauf

Category:

Senioren M45 (45-49)

Total time: 34:07

Speed: 5.28 km/h

Running performance: 9:44 min/km

Rank in course/Total: 56 (of 86)

Rank in course/Men: 28 (of 40)

Best time in course: 19:45

Rank in category: 4(of 4)

Best time in the category: 20:46