



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Cindy Paternoga

Club: Run4Kids Sömmerda e.V.  
Number: 375

Course: 3.50 km  
Spaßlauf

Category:  
Seniorinnen W35 (35-39)

Total time: 29:59

Speed: 6.00 km/h  
Running performance: 8:33 min/km

Rank in course/Total: 41 (of 86)  
Rank in course/Women: 15 (of 46)  
Best time in course: 25:51

Rank in category: 1(of 2)  
Best time in the category: 29:59