



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

**Steffi Hinz**

Club: Atemlos auf der Flucht  
Number: 340

Course: 3.50 km  
Spaßlauf

Category:  
Seniorinnen W40 (40-44)

Total time: 33:01

Speed: 5.45 km/h  
Running performance: 9:26 min/km

Rank in course/Total: 50 (of 86)  
Rank in course/Women: 23 (of 46)  
Best time in course: 25:51

Rank in category: 1(of 5)  
Best time in the category: 33:01