



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Anja Baumgart

Club: Atemlos auf der Flucht
Number: 306

Course: 3.50 km
Spaßlauf

Category:
Seniorinnen W45 (45-49)

Total time: 33:00

Speed: 5.45 km/h
Running performance: 9:25 min/km

Rank in course/Total: 49 (of 86)
Rank in course/Women: 22 (of 46)
Best time in course: 25:51

Rank in category: 1(of 1)
Best time in the category: 33:00