



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

**Anja Baumgart**

Club: Atemlos auf der Flucht  
Number: 306

Course: 3.50 km  
Spaßlauf

Category:  
Seniorinnen W45 (45-49)

Total time: 33:00

Speed: 5.45 km/h  
Running performance: 9:25 min/km

Rank in course/Total: 49 (of 86)  
Rank in course/Women: 22 (of 46)  
Best time in course: 25:51

Rank in category: 1(of 1)  
Best time in the category: 33:00