



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Matthias Preßler

Number: 230

Course: 5.00 km
5 km Lauf

Category:
Senioren M50 (50-54) B

Total time: 26:52

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course/Total: 12 (of 45)

Rank in course/Men: 12 (of 28)

Best time in course: 20:45

Rank in category: 2(of 4)

Best time in the category: 20:54