



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Jörg Fischer

Club: Reit und Fahrverein
Number: 250

Course: 5.00 km
5 km Lauf

Category:
Senioren M55 (55-59) B

Total time: 36:28

Speed: 8.23 km/h
Running performance: 7:17 min/km

Rank in course/Total: 40 (of 45)

Rank in course/Men: 28 (of 28)

Best time in course: 20:45

Rank in category: 2(of 2)

Best time in the category: 35:17