



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Andreas Mähr

Club: -

Number: 226

Course: 5.00 km

5 km Lauf

Category:

Senioren M60 (60-64) B

Total time: 33:59

Speed: 8.83 km/h

Running performance: 6:47 min/km

Rank in course/Total: 33 (of 45)

Rank in course/Men: 24 (of 28)

Best time in course: 20:45

Rank in category: 1(of 1)

Best time in the category: 33:59