



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Juliane Krüger

Number: 223

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W35 (35-39) B

Total time: 31:57

Speed: 9.39 km/h

Running performance: 6:23 min/km

Rank in course/Total: 28 (of 45)

Rank in course/Women: 6 (of 17)

Best time in course: 27:49

Rank in category: 3(of 5)

Best time in the category: 31:35