



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Charlotte Göbel

Number: 215

Course: 5.00 km
5 km Lauf

Category:
Seniorinnen W40 (40-44) B

Total time: 29:32

Speed: 10.16 km/h

Running performance: 5:54 min/km

Rank in course/Total: 21 (of 45)

Rank in course/Women: 2 (of 17)

Best time in course: 27:49

Rank in category: 1(of 2)

Best time in the category: 29:32