



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Alexander Hesse

Number: 218

Course: 5.00 km  
5 km Lauf

Category:  
Männer (20-29) B

Total time: 27:38

Speed: 10.86 km/h

Running performance: 5:31 min/km

Rank in course/Total: 15 (of 45)

Rank in course/Men: 14 (of 28)

Best time in course: 20:45

Rank in category: 1(of 3)

Best time in the category: 27:38