



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Nelly Gouveia

Number: 216

Course: 5.00 km  
5 km Lauf

Category:  
weibliche Jugend U20 (18-19) B

Total time: 36:11

Speed: 8.29 km/h

Running performance: 7:14 min/km

Rank in course/Total: 39 (of 45)

Rank in course/Women: 12 (of 17)

Best time in course: 27:49

Rank in category: 1(of 3)

Best time in the category: 36:11