



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Lennya Risto

Number: 233

Course: 5.00 km
5 km Lauf

Category:
weibliche Jugend U20 (18-19) B

Total time: 41:31

Speed: 7.23 km/h

Running performance: 8:18 min/km

Rank in course/Total: 45 (of 45)

Rank in course/Women: 17 (of 17)

Best time in course: 27:49

Rank in category: 3(of 3)

Best time in the category: 36:11