



## 7. Novalislauf Bad Tennstedt

Bad Tennstedt / 07.09.2024

### Detailed evaluation

#### Pascal Joel Daume

Club: Run4Kids Sömmerda e.V.

Number: 275

Course: 5.00 km

5 km Nordic Walking

Category:

Nordic Walking Jugend m

Total time: 45:15

Speed: 6.63 km/h

Running performance: 9:03 min/km

Rank in course/Total: 8 (of 27)

Rank in course/Men: 2 (of 6)

Best time in course: 42:17

Rank in category: 1(of 2)

Best time in the category: 45:15