



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

**Pascal Joel Daume**

Club: Run4Kids Sömmerda e.V.  
Number: 275

Course: 5.00 km  
5 km Nordic Walking

Category:  
Nordic Walking Jugend m

Total time: 45:15

Speed: 6.63 km/h  
Running performance: 9:03 min/km

Rank in course/Total: 8 (of 27)

Rank in course/Men: 2 (of 6)

Best time in course: 42:17

Rank in category: 1(of 2)

Best time in the category: 45:15