



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Ben-Louis Hartung

Number: 103

Course: 10.00 km
10 km Lauf

Category:
männliche Jugend U18 (16-17) A

Total time: 1:03:24

Speed: 9.46 km/h

Running performance: 6:20 min/km

Rank in course/Total: 15 (of 20)

Rank in course/Men: 13 (of 17)

Best time in course: 35:17

Rank in category: 1(of 2)

Best time in the category: 1:03:24