



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Patrick Winterfeld

Club: Seesportverein Sömmerda e.V
Number: 120

Course: 10.00 km
10 km Lauf

Category:
Senioren M40 (40-44) A

Total time: 1:07:30

Speed: 8.89 km/h
Running performance: 6:45 min/km

Rank in course/Total: 16 (of 20)

Rank in course/Men: 14 (of 17)

Best time in course: 35:17

Rank in category: 4(of 4)

Best time in the category: 35:17