



7. Novalislauf Bad Tennstedt
Bad Tennstedt / 07.09.2024

Detailed evaluation

Corinna Lux

Club: Mittwochslaufgruppe Bad Langensalza
Number: 121

Course: 10.00 km
10 km Lauf

Category:
Seniorinnen W55 (55-59) A

Total time: 53:38

Speed: 11.19 km/h
Running performance: 5:21 min/km

Rank in course/Total: 9 (of 20)

Rank in course/Women: 1 (of 3)

Best time in course: 53:38

Rank in category: 1(of 2)

Best time in the category: 53:38