



7. Novalislauf Bad Tennstedt  
Bad Tennstedt / 07.09.2024

Detailed evaluation

Scadi Schrader

Club: TEAG Thüringer Energie AG  
Number: 114

Course: 10.00 km  
10 km Lauf

Category:  
Seniorinnen W55 (55-59) A

Total time: 1:12:40

Speed: 8.26 km/h  
Running performance: 7:16 min/km

Rank in course/Total: 20 (of 20)

Rank in course/Women: 3 (of 3)

Best time in course: 53:38

Rank in category: 2(of 2)

Best time in the category: 53:38