



33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

Detailed evaluation

Mario Heinrich

Club: Osthäuser SV

Number: 220

Course: 9.30 km

9,3 km-Lauf

Category:

Senioren M50 (50-54)

Total time: 54:57

Speed: 9.83 km/h

Running performance: 5:54 min/km

Rank in course/Total: 15 (of 65)

Rank in course/Men: 14 (of 41)

Best time in course: 38:05

Rank in category: 2(of 3)

Best time in the category: 47:53