



33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

Detailed evaluation

Thorsten Sandow

Club: FSV 1950 Gotha

Number: 249

Course: 9.30 km

9,3 km-Lauf

Category:

Senioren M55 (55-59)

Total time: 56:21

Speed: 9.58 km/h

Running performance: 6:03 min/km

Rank in course/Total: 20 (of 65)

Rank in course/Men: 16 (of 41)

Best time in course: 38:05

Rank in category: 1(of 2)

Best time in the category: 56:21