



33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

Detailed evaluation

Jana Pahlke

Club: SpontanRunners

Number: 245

Course: 9.30 km

9,3 km-Lauf

Category:

Seniorinnen W45 (45-49)

Total time: 1:15:57

Speed: 7.11 km/h

Running performance: 8:09 min/km

Rank in course/Total: 58 (of 65)

Rank in course/Women: 20 (of 24)

Best time in course: 54:50

Rank in category: 2(of 3)

Best time in the category: 1:03:41