



33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

Detailed evaluation

Frederick Steingrüber

Club: Luisenthaler SV

Number: 179

Course: 16.40 km

16,4 km-Lauf

Category:

Senioren M30 (30-34) D

Total time: 1:23:55

Speed: 11.44 km/h

Running performance: 5:07 min/km

Rank in course/Total: 27 (of 114)

Rank in course/Men: 23 (of 63)

Best time in course: 1:00:45

Rank in category: 4(of 7)

Best time in the category: 1:08:44