



## 33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

### Detailed evaluation

**Christoph Strutz**

Club: #wasserverbindet

Number: 180

Course: 16.40 km

16,4 km-Lauf

Category:

Senioren M45 (45-49) D

Total time: 1:19:24

Speed: 12.39 km/h

Running performance: 4:50 min/km

Rank in course/Total: 18 (of 114)

Rank in course/Men: 16 (of 63)

Best time in course: 1:00:45

Rank in category: 3(of 14)

Best time in the category: 1:04:46