



## 33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

### Detailed evaluation

#### Benedikt Hanf

Club: Ohrdruffer Ohrflitzer

Number: 16

Course: 21.70 km

21,3 km Lauf

Category:

Senioren M40 (40-44) E

Total time: 1:32:06

Speed: 14.14 km/h

Running performance: 4:14 min/km

Rank in course/Total: 3 (of 57)

Rank in course/Men: 3 (of 41)

Best time in course: 1:28:01

Rank in category: 1(of 11)

Best time in the category: 1:32:06