



33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

Detailed evaluation

Alexander Knöfel

Club: Erfurter Kanalratten

Number: 21

Course: 21.70 km

21,3 km Lauf

Category:

Senioren M40 (40-44) E

Total time: 1:50:57

Speed: 11.74 km/h

Running performance: 5:06 min/km

Rank in course/Total: 12 (of 57)

Rank in course/Men: 12 (of 41)

Best time in course: 1:28:01

Rank in category: 2(of 11)

Best time in the category: 1:32:06