



33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

Detailed evaluation

Michael Amling

Club: SV Herrenhof

Number: 4

Course: 21.70 km

21,3 km Lauf

Category:

Senioren M40 (40-44) E

Total time: 1:52:27

Speed: 11.20 km/h

Running performance: 5:10 min/km

Rank in course/Total: 15 (of 57)

Rank in course/Men: 15 (of 41)

Best time in course: 1:28:01

Rank in category: 3(of 11)

Best time in the category: 1:32:06