



## 33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

### Detailed evaluation

**Marc Denstedt**

Club: Fahner Höhe Runners

Number: 10

Course: 21.70 km

21,3 km Lauf

Category:

Senioren M45 (45-49) E

Total time: 1:53:44

Speed: 11.08 km/h

Running performance: 5:14 min/km

Rank in course/Total: 17 (of 57)

Rank in course/Men: 17 (of 41)

Best time in course: 1:28:01

Rank in category: 3(of 7)

Best time in the category: 1:29:05