



33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

Detailed evaluation

Ralf Wenzel

Club: Thür. Forstsportverein

Number: 60

Course: 21.70 km

21,3 km Lauf

Category:

Senioren M55 (55-59) E

Total time: 1:49:25

Speed: 11.52 km/h

Running performance: 5:02 min/km

Rank in course/Total: 11 (of 57)

Rank in course/Men: 11 (of 41)

Best time in course: 1:28:01

Rank in category: 1(of 3)

Best time in the category: 1:49:25