



33. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2024

Detailed evaluation

Christian Flemming

Club: SV Schwabhausen

Number: 212

Course: 9.30 km

9,3 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 55:17

Speed: 9.77 km/h

Running performance: 5:56 min/km

Rank in course/Total: 16 (of 65)

Rank in course/Men: 15 (of 41)

Best time in course: 38:05

Rank in category: 2(of 9)

Best time in the category: 52:50