



41. Oster-Ilsetallauf

Ilseburg / 30.03.2024

Detailed evaluation

Michel Aulich

Club: Brockenlauf Verein Ilseburg
Number: 373

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Jugend U14 (12-13)

Total time: 7:50

Speed: 13.02 km/h
Running performance: 4:36 min/km

Rank in course/Total: 1 (of 71)

Rank in course/Men: 1 (of 38)

Best time in course: 7:50

Rank in category: 1(of 12)

Best time in the category: 7:50

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Control | 0.85 | 3:06 | 3:38 | 1 | - | 1 | - | 0.85 | 3:06 | 3:38 | 1 | - | 1 | - |
| Ilseburg/Markt | 0.85 | 4:44 | 5:34 | 11 | 0:58 | 29 | 0:58 | 1.70 | 7:50 | 4:36 | 1 | - | 1 | - |