



# 41. Oster-Ilsetallauf

Ilseburg / 30.03.2024

## Detailed evaluation

**Michel Aulich**

Club: Brockenlauf Verein Ilseburg  
Number: 373

Course: 1.70 km  
1,7 km - Nachwuchslauf

Category:  
männliche Jugend U14 (12-13)

Total time: 7:50

Speed: 7.66 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 1 (of 71)

Rank in course/Men: 1 (of 38)

Best time in course: 7:50

Rank in category: 1(of 12)

Best time in the category: 7:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Control	0.85	3:06	3:38	1	-	1	-	0.85	3:06	3:38	1	-	1	-
Ilseburg/Markt	0.85	4:44	5:34	11	0:58	29	0:58	1.70	7:50	4:36	1	-	1	-