



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Jonas Mikeska

Number: 435

Course: 1.70 km

1,7 km - Nachwuchslauf

Category:

männliche Jugend U14 (12-13)

Total time: 9:28

Speed: 6.34 km/h

Running performance: 5:34 min/km

Rank in course/Total: 49 (of 71)

Rank in course/Men: 30 (of 38)

Best time in course: 7:50

Rank in category: 12(of 12)

Best time in the category: 7:50

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Control | 0.85 | 4:58 | 5:50 | 12 | 1:52 | 32 | 1:52 | 0.85 | 4:58 | 5:50 | 12 | 1:52 | 32 | 1:52 |
| Ilseburg/Markt | 0.85 | 4:30 | 5:17 | 7 | 0:44 | 23 | 0:44 | 1.70 | 9:28 | 5:34 | 12 | 1:38 | 30 | 1:38 |