



41. Oster-Ilsetalllauf

Ilseburg / 30.03.2024

Detailed evaluation

Benjamin Becker

Club: SC Altstädten
Number: 376

Course: 1.70 km
1,7 km - Nachwuchslauf

Category:
männliche Kinder U8 (-8)

Total time: 8:44

Speed: 11.68 km/h
Running performance: 5:08 min/km

Rank in course/Total: 43 (of 71)

Rank in course/Men: 29 (of 38)

Best time in course: 7:50

Rank in category: 2(of 8)

Best time in the category: 8:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Control	0.85	4:31	5:18	2	0:29	29	1:25	0.85	4:31	5:18	2	0:29	29	1:25
Ilseburg/Markt	0.85	4:13	4:57	1	-	10	0:27	1.70	8:44	5:08	2	0:28	29	0:54